

Prompted Voiding Tracking Card

Resident Name: _____

Employee Name: _____

Date: _____ Day of Trial: _____ 1st _____ 2nd _____ 3rd

Time Checks: 1st _____ 2nd _____ 3rd _____ 4th _____

1. Resident's condition at check (circle one for each check):

| | | | | |
|------------------------------|-----|-----|-------|-------------|
| 1st check: | Dry | Wet | Bowel | Wet & bowel |
| 2nd check: | Dry | Wet | Bowel | Wet & bowel |
| 3rd check: | Dry | Wet | Bowel | Wet & bowel |
| 4th check: | Dry | Wet | Bowel | Wet & bowel |

2. Toileting outcome (circle one for each check):

| | | | | | |
|------------------------------|---------|----------|-------|-------|---------------|
| 1st check: | Refused | Dry run* | Urine | Bowel | Urine & bowel |
| 2nd check: | Refused | Dry run* | Urine | Bowel | Urine & bowel |
| 3rd check: | Refused | Dry run* | Urine | Bowel | Urine & bowel |
| 4th check: | Refused | Dry run* | Urine | Bowel | Urine & bowel |

*A "dry run" means that the resident attempted to toilet but failed to void.

3. Resident's reaction to checks and prompts (circle one for each check).

| | | | | |
|------------------------------|----------------|--------------------|----------------------|---------------|
| 1st check: | Self-initiates | Cooperates-neutral | Cooperates-reluctant | Uncooperative |
| 2nd check: | Self-initiates | Cooperates-neutral | Cooperates-reluctant | Uncooperative |
| 3rd check: | Self-initiates | Cooperates-neutral | Cooperates-reluctant | Uncooperative |
| 4th check: | Self-initiates | Cooperates-neutral | Cooperates-reluctant | Uncooperative |

4. Level of assistance resident needed to toilet (circle one for each check):

| | | | | |
|------------------------------|-------------|----------------|--------------|--------------|
| 1st check: | Independent | Stand-by-asst | Needs 1 asst | Needs 2 asst |
| 2nd check: | Independent | Stand-by-asst | Needs 1 asst | Needs 2 asst |
| 3rd check: | Independent | Stand-by-asst | Needs 1 asst | Needs 2 asst |
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| 1st check: | Dry | Wet | Bowel | Wet & bowel |
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4. Level of assistance resident needed to toilet (circle one for each check):

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| 3rd check: | Independent | Stand-by-asst | Needs 1 asst | Needs 2 asst |
| 4th check: | Independent | Stand-by-asst. | Needs 1 asst | Needs 2 asst |

Use this to record results of wet checks and prompted voiding attempts with **one** resident for **one** day of the assessment trial. You will complete **three cards over three days** for each resident.

Prompted Voiding Pocket Card Instructions:

1. Contact resident every **two hours**.
 2. Focus resident's attention on voiding by asking whether he or she is wet or dry.
 3. Check resident for wetness and give feedback on whether the resident's self-report was correct or incorrect (i.e., "Yes, Mrs. Jones, you are dry.")
 4. Whether wet or dry, ask the resident if he or she would like to use the toilet (or urinal).
- If **Yes**:
 - i. Assist him/her with toileting
 - ii. Record the results on the toileting record on the flip side.
 - iii. Give positive reinforcement by spending an extra minute or two conversing with him or her.
 - If **No**:
 - If the resident has not attempted to void in the last **four hours**, repeat the request to use the toilet once or twice before leaving, and assist with toileting if needed.
 - If the resident is wet and declines to use the toilet, change him or her.
 - Inform the resident you will be back in **two hours** and request that the resident try to delay voiding until then.

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