Prompted Voiding

<u>Policy</u>: It is the policy of this facility to assist the resident to regain or maintain continence to the highest level practical. Prompted voiding is one method of individualized toileting which may be chosen by the resident and the care plan team. Prompted voiding can be maintained through a restorative or regular nursing program, but consistency is key.

<u>Definition</u>: Prompted voiding is an individualized toileting program that involves resident choice and a routine assistance and prompting schedule.

Procedure:

- A resident preference/motivation form will be completed. See form ______
- A three-day prompted voiding trial will be completed using daytime hours, unless the resident prefers to be awakened during sleeping hours. Prompted voiding is normally done at 7AM, 9AM, 11AM, 1PM,3PM, 5PM, 7PM. See form _____
- A post-trial interview will be completed. See form_____
- Analyze results. See form ______
- Interview a few nurse aides to see if they have any additional input on the success or failure of the three-day trial and the resident's motivation and response from what they have witnessed.
- Start the prompted voiding schedule (based on resident's preference and analysis of above information) and address such on the POC. The best candidates would be those with 66% or higher success rate, although each person may be a candidate according to other reasons (mainly desire/motivation to participate).
- Place flow sheets in nurse aides' documentation forms and remind them that the program has started and the importance of timeliness and documentation. See form