

One dimension:

$$u = \frac{10}{x} \text{ J}$$

Force:

$$F_x = -\frac{du}{dx} = -\frac{d}{dx}(10x^{-1}) \\ = -(-10x^{-2})$$

$$\text{So, } F_x = \frac{10}{x^2}$$

$$x = 2\text{m, } F_x = \frac{10}{2^2} \text{ N}$$

$$x = 5\text{m, } F_x = \frac{10}{(5)^2} = \frac{10}{25} \text{ N} = \frac{2}{5} \text{ N}$$

$$x = 8\text{m, } F_x = \frac{10}{64} \text{ N} = \frac{5}{32} \text{ N}$$