

### **SCRIPPS GERONTOLOGY CENTER**

An Ohio Center of Excellence

**ANNUAL REPORT 2016** 





























# Together

# We're making a difference!

Our mission is to do work
that makes a positive difference
in the lives of aging individuals,
their families and communities,
and to meet the needs of aging societies.
We accomplish this mission through excellence in

### RESEARCH, EDUCATION, AND SERVICE.

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# Perspectives on **Teamwork** from our Executive Director

# from our Executive Director



Back row: Kendall Leser, Ryan Shanley, Aaron Abbott, Katy Abbott, Erin Kelly, Becky Thompson, J. Scott Brown, Linda Barrett, Phyllis Cummins, Lisa Grant, Pamela Mayberry, Matt Nelson; Front row: Kim Logsdon, Jane Straker, Suzanne Kunkel, Tonya Barger, Cheryl Johnson, Kathryn McGrew, Robert Applebaum Not pictured: Karl Chow, Kate de Medeiros, Joan Fopma-Loy, Jennifer Kinney, Like Lokon, Sara McLaughlin, Shahla Mehdizadeh, Elizabeth Rohrbaugh, Janardan Subedi, Jonathon Vivoda

#### Dear friends:

We are delighted to share with you the Scripps Gerontology Center Annual Report for 2016. As you'll see, we have many accomplishments to celebrate this year, thanks to our stellar team of staff, researchers, affiliated faculty and students. Record levels of external funding now support the implementation of personcentered care and the expansion of Opening Minds through Art across the state of Ohio, as well as an impressive portfolio of research projects on education and training of older workers; service coordination in housing for low-income elders; family caregiving; business acumen in the aging network; and long-term care financing, delivery, and quality. We launched our inaugural Alumni Advisory Group and a research apprenticeship model for undergraduate and graduate

students. These 2016 initiatives round out our continuing high level of service, publications and presentations, and productive partnerships with other departments at Miami University and with agencies and organizations across the nation.

It has become almost cliché for an organization to say that team work is valued. But it is unequivocally the case that we could not accomplish what we do without the Scripps spirit of teamwork. Our collaborative culture means that every one of us is on multiple teams where we must remain agile and open-minded in order to adapt to different work styles, maximize each other's unique strengths, and respectfully hold each

other accountable to our shared standards for high quality and impact. Working collaboratively makes us more creative and more effective in meeting our mission to engage in research, education, and service that makes a difference.

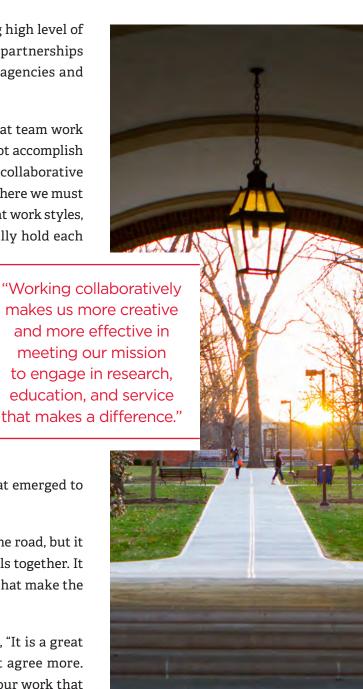
This description of the Scripps team approach is based on an all-staff open discussion about what it means to be part of a team, and what we value most about team members. Respect, trust, openness to new ideas, feeling empowered to ask questions and disagree, and counting on each other were some of the themes that emerged to

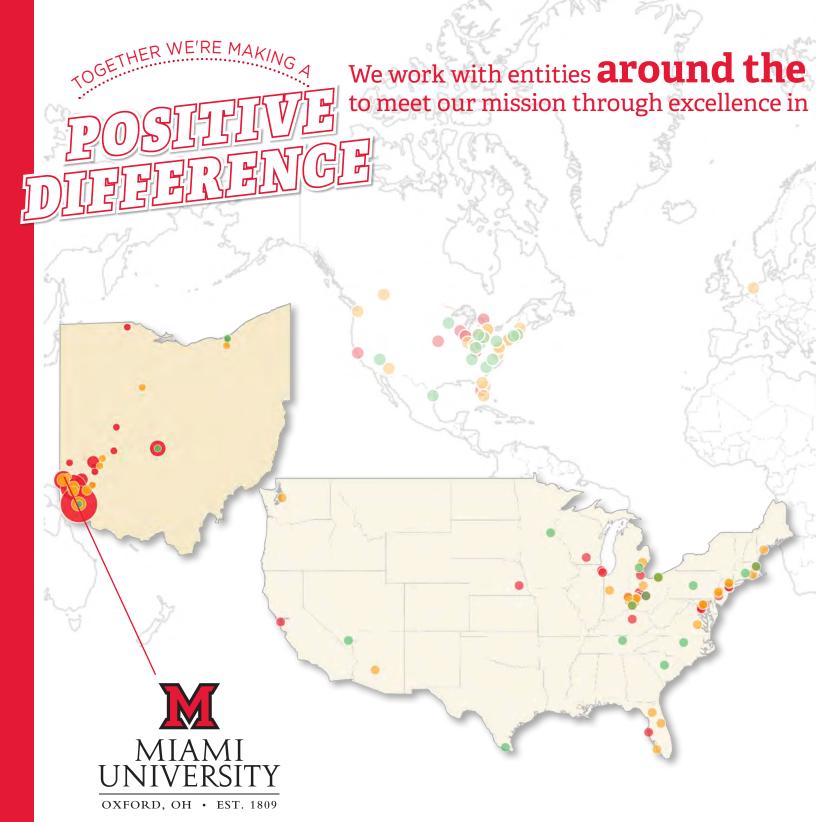
and counting on each other were some of the themes that emerged to characterize the Scripps team culture.

Our team-based work culture doesn't prevent bumps in the road, but it helps us get past them so that we can accomplish our goals together. It is that shared commitment to our goals and our mission that make the Scripps team, and every project team, so effective.

As one of my colleagues stated at that fall staff meeting, "It is a great feeling to know that we are in this together." I couldn't agree more. Thanks to all of you for your interest and investment in our work that makes a positive difference in the lives of older people, their families and their communities. We couldn't do it without you.

Suzapre Kurkel





#### Miami collaboration

In 2016 we worked with more than 18 academic departments and university offices.

#### Student internships

95 sites in 39 cities, 15 states and 3 countries Working with internship sites throughout the world gives our undergraduate and master's students crucial hands-on experience. The opportunity to work with professionals in the field of aging helps students refine goals and jump-starts their careers.

globe and in our backyard

research, education, and service.



#### Research collaboration

13 universities in 11 states

We regularly work with national organizations such as the National Association of Area Agencies on Aging (n4a). We also meet with state and national lawmakers to present our findings and provide information to help them make important policy and budget decisions. And we regularly contribute to the scholarly community through journal publications and presentations at national conferences. In addition to our national level work, we work closely with state officials in Ohio to help the state address issues related to our rapidly aging population.

#### Opening Minds through Art (OMA)

57 sites in 38 cities, 13 states and 3 countries Since 2008 the OMA program has been building bridges across age and cognitive barriers though art. This innovative program implemented in small group sessions is made possible through collaboration with sites and volunteers on many levels.



#### A heritage of collaboration



Ever since E. W. Scripps established the center as the Scripps Foundation for Research in Population Problems in 1922, we have been making a difference through collaboration.

The research done in the early years of the center established the Scripps Foundation as a leading source of demographic information in the United States.

Our center's director served on the planning committee for the first two White House Conferences on Aging (1961 and **1971**). The collaborative efforts from these conferences set the stage for the passage of several major pieces

of legislation for older Americans. In 1972 the focus of the center shifted to address the needs of our aging population, and it was renamed the Scripps Gerontology Center.

The late **1980's** brought special funding from the Ohio Board of Regents and collaborations with the Ohio Department of Aging. These collaborations - the Ohio Long-Term

Care Research Project, and our study

of long-term care utilization in Ohio – have made a positive impact on the lives of aging Ohioans.

On a national level, Scripps began working with the U.S. Administration on Aging and the National Association of Area Agencies on Aging (n4a) in **2006** to assess the U.S. aging network's capacity.

Our ongoing collaboration in research, education and service multiplies our efforts.

We've been making a difference together for nearly 100 years!

1930

1940

1950

1960

1970

1980

1990

2000

2010

2016

# 2016 Operating Budget **\$2,517,873** 37% funding increase

37% funding increase 32,317,073 37% funding increase compared to 2015

Meaningful research partnerships forged around common questions and a desire for useful answers is our driving force.

In 2016, Scripps managed **42 externally-funded contracts and research grants** that generated **\$1.98 million in funding**. That's **79%** of our total operating budget funded through our research.

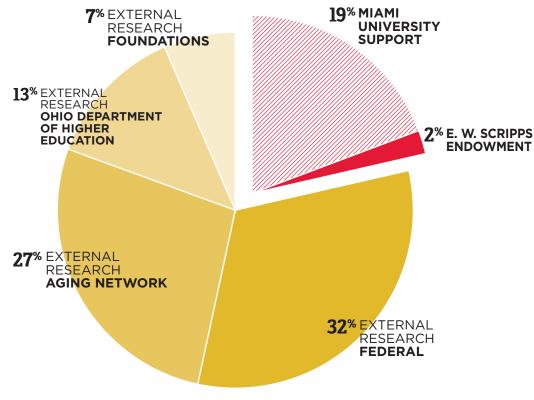
We are a vital part of the Miami community. Our leadership in education and our focus on external funding are **important contributions to the Miami mission**. In 2016, Miami provided **19%** of our budget to help us deliver on our mission.

Our original endowment from E. W. Scripps is **the cornerstone** that has made it all possible. It is an essential connection to our origins that has helped us earn recognition as one of the premier institutions in aging research and education.





#### **FUNDING BY SOURCE**





### "It is important for older workers to have the skills necessary to remain competitive in an increasingly technologically advanced labor market."

#### PHYLLIS CUMMINS, PhD

#### **Assistant Director of Research and Senior Research Scholar**

After a successful 26-year career as Chief Appraiser for Prudential Financial and a brief retirement to an idyllic island in Florida, Phyllis Cummins returned to college to pursue an interest in exercise and fitness with a BS in Human Performance. "In my internships at Florida Gulf Coast University I found I really enjoyed working with older adults, so the next logical step was to pursue their gerontology master's program. About the same time, I was completing the program we decided to leave Florida and moved to Ohio." The desire to complete a doctoral program in gerontology led her to Miami University.

Her interest in older adult workforce issues was kindled while writing a paper on the topic for Robert Applebaum's Policy Analysis in an Aging Society course. Phyllis discovered that "when older workers became unemployed, they were unemployed for very long periods of time as compared to younger workers." Discovering the reasons behind this inequality, and exploring how educators and policy makers might address this problem has become the driving force behind her research.

Phyllis's research projects at Scripps Gerontology Center focus on impediments to older adults' desires to remain productive in the workforce. She wants to answer questions such as-- How can training programs meet the needs of older workers? What supports do older students need to be successful in college that may be different from younger adults? What causes employment inequality and puts people at risk for economic insecurity in retirement? She is shining a light on these issues by sharing the results of her research commissioned papers, conference presentations and journal articles.

### Phyllis's research publications on the Scripps website have been downloaded 1677 times!

Her 2015 commissioned paper, Adult Education and Training Programs for Older Adults in the U.S.: National Results and Cross-National Comparisons Using PIAAC Data, has been downloaded 690 times.

When asked what she envisions as her legacy at Scripps she shared, "Bringing to the attention of educators and policymakers the importance of the older worker for Ohio's economic growth."

Learn more at MiamiOH.edu/ScrippsAging/Phyllis-Cummins

## We conduct Research, with the highest commitment

we conduct ILESEAL CIL, with the highest commitment to excellence and impact.

The core of our work is research in the areas of demography, program evaluation, the aging workforce, long-term services and supports, and arts and dementia programming.

Our researchers were awarded 21 new grants in 2016. Highlights include

- » \$1.4 million 3-year grant from the U.S. Department of Education to understand the factors that support older learners in their ability to complete training and education programs.
- » \$1 million 3-year grant from the Ohio Department of Medicaid to implement "Incorporating the Preferences for Everyday Living into Ohio's Nursing Homes to Improve Resident Care."
- » \$717,852 3-year grant from the Ohio Department of Medicaid to expand the Opening Minds through Art program in Ohio's nursing homes.





#### MULTIPLYING OUR IMPACT

SCRIPPS RESEARCH AND PROGRAMS

APPEARED IN THE MEDIA



SCRIPPS STAFF AND GERONTOLOGY FACULTY **GAVE**PRESENTATIONS TO PROFESSIONAL ORGANIZATIONS



SCRIPPS STAFF AND GERONTOLOGY FACULTY PRODUCED **PUBLICATIONS IN JOURNALS, BOOKS, AND REPORTS** 



Explore our online research portfolio

MiamiOH.edu/ScrippsAging/Publications

#### A few of our funded research projects from 2016

Aging and Disability Business Center Evaluation
National Association of Area Agencies on Aging (n4a) / John A. Hartford Foundation, Inc.

Assessing Participant Satisfaction and Impact of Services Provided by the Area
Office on Aging of Northwestern Ohio
Area Office on Aging of Northwest Ohio, Inc.

Incorporating the Preferences for Everyday Living into Ohio's Nursing Homes to Improve Resident Care

Ohio Department of Medicaid

**Evaluation of AgeWell** *Robert Wood Johnson Foundation* 

Genetic Epidemiology of Ocular Health and Disease
The University of Texas Rio Grande Valley / U.S. Department of Health and Human Services

Information and Planning: Understanding the Capacity of the Aging Network
National Association of Area Agencies on Aging (n4a) / U.S. Department of Health and Human Services

Mapping Barriers to Community College Completion Among Older Learners: Identifying Malleable Factors to Improve Student Outcomes

U.S. Department of Education

Multi-Level Approach to Improve Quality of Life for Minority Nursing Home Residents
University of Minnesota / U.S. Department of Health & Human Services

Ohio's Workforce Innovation and Opportunity Act (WIOA) Plan: Identifying Strategies and Supports to Improve Outcomes for Older Workers Ohio Department of Aging / U.S. Department of Labor / U.S. Department of Health and Human Services

2016 Ohio Facility Family Satisfaction Surveys
Ohio Department of Aging

Opening Minds through Art (OMA): A Scripps Art Program for People with Dementia
Ohio Department of Medicaid

Our Family, Our Way: A Care Communication and Coordination Tool for Aging Parents and Their Adult Children The Retirement Research Foundation

Understanding U.S. Regional Health and Mortality Disparities: A Life Course Approach

Duke University / U.S. Department of Health & Human Services

Xavier University Montessori Program for Dementia Xavier University / Harold C. Schott Foundation

# We support **Education**, investing in gerontology's

# manamana future leaders.

By building graduate assistants into our research proposals, in academic year 2015-16 we were able to provide

in funding so students could receive hands-on experience with highimpact research projects. That translates to

graduate assistantship & summer research hours.

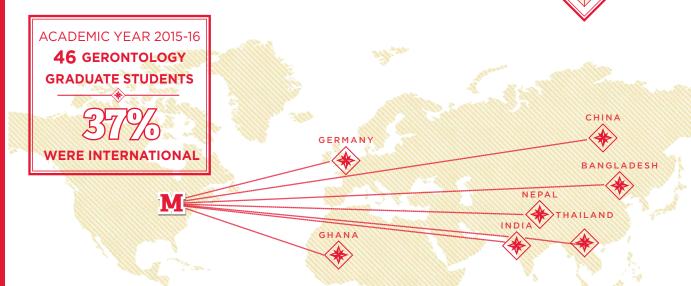


**27** students attended **7** professional conferences.

**9** PhD students and **8** MGS students gave **20** presentations.

10 of the presentations were in collaboration with gerontology faculty or Scripps research staff.

**IN 2016 DONORS** HELPED PROVIDE for gerontology student professional development



The diversity of Miami's graduate gerontology students allows us to have a global impact.

Investing in these future leaders is a direct investment in the future

of aging societies around the world.

Learn about our unique opportunities for students

MiamiOH.edu/ScrippsAging/Academics



# MAKING A DIFFERENCE IN ACTION Our research apprenticeship model pairs graduate and undergraduate students.

Gerontology faculty and Scripps Gerontology Center staff have created a research apprenticeship to give undergraduate students hands-on experience as research team members. Graduate students are also key to Miami's gerontology research apprenticeship model; under the guidance of seasoned principal investigators, the graduate students serve as mentors and research supervisors for the undergrads.

In the summer of 2016 **Danielle Eynon Black** and **Jyotsana Parajuli**, PhD students in Social Gerontology, trained and supervised four undergraduate students working on a



statewide nursing home satisfaction survey (see box below). Undergrads scanned completed surveys, assisted with recording open-ended responses, staffed the telephone helpline, and participated in project meetings. Danielle

and Jyotsana provided skills training for using special equipment and software, interpersonal communication and data quality control. They also led weekly meetings to discuss assigned readings and to help students connect their interests and disciplines with gerontology.

"Mentoring should be required of all graduate students in gerontology," said Danielle. "This opportunity is a great precursor to teaching undergraduate students and is a valuable way to become more familiar and understanding of younger age cohorts." Jyotsana shared "I feel more

### Students and staff processed 33,504 surveys and answered 1400 helpline emails and phone calls.

Ohio Revised Code 173.47 requires the collection of family and resident nursing home satisfaction data in alternating years, for the purposes of publishing the Ohio Long-Term Care Consumer Guide. In 2016 Scripps Gerontology Center conducted the 8th biennial Ohio Nursing Home Family Satisfaction Survey and the first Residential Care Facility Family Satisfaction Survey under a contract with the Ohio Department of Aging.



prepared to work and communicate with undergraduates in the future and can better gauge teaching toward their interests and levels of understanding."

Undergraduate student worker Ellie Hodges shared her perspective on the project: "Researching nursing homes and residential care facilities in Ohio gave me a greater appreciation for long-term care, and a greater understanding of research methods and processes.

I gained valuable experience with data collection and customer service, both of which have led to other job opportunities. Additionally, I gained two very important mentors — Danielle and Jyotsana. During our group discussions about academic articles and topics, I gained wisdom and understanding from them about topics I had very little background knowledge about. I can honestly say I have gained two friends and mentors. Overall, I thoroughly enjoyed my experiences, both with the project and the mentorship it provided."



# Through **Service** we foster valuable connections

### minimum that make a difference.

Our staff, faculty, and fellows provide professional service and leadership in many volunteer roles at the local, state, and national levels. They mentor faculty at other institutions, serve on editorial boards. hold leadership positions for state and national organizations and provide service to the community.

#### **SERVICE BY THE NUMBERS**

#### **PROFESSIONAL SERVICE - 39**

**EXAMPLES:** Multiple committee and leadership positions for the Gerontological Society of America; Editorial Board for The Gerontologist; presentations such as "How Will Ohio Meet the Long-Term Care Challenges?" to the Health Policy Institute of Ohio.

#### **BOARD SERVICE - 11**

**EXAMPLES:** Board member, Association of Professionals in Aging; Advisory Council member, Butler County Citizens for Elderly Services, Inc.; Chair, Executive Committee and Board of Trustees, Otterbein Lebanon.

#### **COMMUNITY SERVICE - 17**

**EXAMPLES:** Consultant, Government of Nepal Ministry of Health; Panel participant, Housing Challenges, Montgomery, Ohio; Transportation Committee Member, Oxford VillAGE Network.

#### **UNIVERSITY SERVICE - 35**

**EXAMPLES:** Chair, Unclassified Personnel Advisory Committee; Planning Group Member, Social Entrepreneurship and Aging Certificate; Facilitator, Summer Reading Program



**Opening Minds through Art (OMA)** empowers students to lead through acts of service.



#### 152 UNDERGRADUATE VOLUNTEERS

**OMA PROVIDED 25 STUDENTS** WITH VALUABLE LEADERSHIP **EXPERIENCE AS OMA** STUDENT LEADERS

#### 2016 Faculty & Staff Honors & Awards

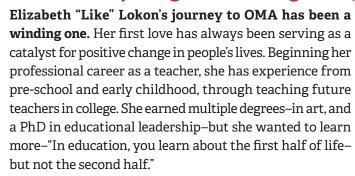
- » Robert Applebaum Fellow, Gerontological Society of America
- » Katy Abbott Robert H. and Nancy J. Blayney Professor, Miami University
- » Kate de Medeiros Faculty Recognition Award, Department of Sociology and Gerontology, Miami University
- » Jennifer Kinney Formal Recognition for Teaching, Miami University Center for Teaching Excellence
- » Elizabeth "Like" Lokon and Elizabeth Rohrbaugh, Opening Minds through Art 2016 Rosalinde Gilbert Innovations in Alzheimer's Disease Caregiving Legacy Award
- » Jane Straker Journalism Award, Ohio Chapter, American College of Health Care Administrators
- » Janardan Subedi Service Award, Association of Nepalis in America



# "People have a spark. All you have to do is find it and then you can ignite it – no matter their age, abilities or disabilities."

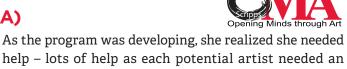
#### ELIZABETH "LIKE" LOKON, PhD

#### **Director of Opening Minds through Art (OMA)**



The path to connect with how people learn in the second half of life took her through the Master of Gerontological Studies (MGS) program at Miami University. She turned her experienced educator viewpoint towards strategies for reaching people with dementia. She knew what she was looking for – how to make a connection with them. She sought out and worked with programs such as TimeSlips and Memories in the Making, to learn how they were making connections. While these were stellar programs they were still not quite what Like was looking for.

The "aha" moment came when she realized that "abstract art, which transcends language" is something that can be created by—and appreciated by—anyone, regardless of their cognitive ability. This insight merged her love of art, education, and the ability to connect with people wherever they are. Out of this, Opening Minds through Art was born, but not yet fully formed.



individual one-on-one volunteer to work with them. She discovered her initial Miami student volunteers were learning and benefiting from connecting with those with cognitive impairment. The intergenerational aspect – connecting trained volunteers with older adults living with dementia-- was the final foundational piece of the program.

"Most classes in college, you attend so that YOU can get a good grade on the exam, so YOU can get a good GPA, so YOU can get a good job. But OMA is different; this class is focused on enriching the lives of others, and that is what gets me out of bed every Thursday morning." —OMA Volunteer

Since those early days the OMA program has grown exponentially. While maintaining its foundation at Miami where students can participate as volunteers, or in a service learning course, the program has expanded far beyond Oxford. In 2016 the OMA program was at 57 sites in 38 cities, 13 states and three countries. OMA has also received funding from the Ohio Department of Medicaid to replicate OMA at 100 more nursing homes throughout Ohio. **Learn more at OMA.org**.

### Reconnecting with Alumni

On August 1, 2016, the inaugural meeting of the Gerontology Alumni Advisory Group was convened. The group was formed with the purpose of advising the Scripps Gerontology Center regarding best ways for alumni to connect with each other, with current and future students, and with the broader Miami University and Scripps communities.





CONNECTING IN PERSON: Above, faculty and former students chat at our 2nd Annual Alumni Networking Break at the 2016 Gerontological Society of America Conference. Gerontology program graduates were able to reconnect with old friends and faculty members and meet some of our current gerontology students.

**CONNECTING ONLINE:** Alumni can reconnect with one another on the Miami University Gerontology Alumni LinkedIN group.



#### Learn more at

#### MiamiOH.edu/ScrippsAging/GTY-Alumni

Here we will highlight alumni accomplishments, photos, invite alumni to connect with us online or at upcoming events, and make it easy to update their contact information and support current students.

#### BY THE NUMBERS

**MASTER OF GERONTOLOGICAL** STUDIES PROGRAM FOUNDED 1977 ∛ Ո ) ALUMNI

**BA IN GERONTOLOGY PROGRAM** FOUNDED 2000

る ALUMNI

PhD IN SOCIAL **GERONTOLOGY PROGRAM** FOUNDED 2005

**GERONTOLOGY ALUMNI ADVISORY GROUP** 

FOUNDED 2016

**ESTIMATED** 

MIAMI UNIVERSITY ALUMNI WITH GERONTOLOGY MINOR

### Thank you to our **Donors**, for continuing support of our mission.

#### SUSTAINING SUPPORT

We couldn't do all that we do without the vision and generous support of our sustaining benefactors. Their generosity touches the lives of current and future experts in aging through the following funds:

- » E. W. Scripps Fund
- » P. K. Whelpton Fund
- » W. Fred Cottrell Leadership Development Fund

.......

- » Colonial Long-Term Care Research Award Fund
- » Franklin Foundation Fund
- » Opening Minds through Art (OMA) Fund



#### **2016 DONORS**

The following people generously supported our mission by making charitable contributions totaling \$115,179.51 in 2016.

- » Robert Applebaum
- » Bill & Lisa Balli
- » Dawn Hatch Barrett
- » Sabina Bashir
- » Richard L. & Mary E. Bement
- » Leslie M. Besecke
- » Sarah Blumenthal
- » David Brown
- » Marilyn J. Button-Juarez
- » Anik Chaudhry
- » Andrea Checroun
- » Scott B. & Suzanne Nenni Clark
- » Colleen M. Connors
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- » Jack L. & Jane Smucker Fryman
- » James A. & Linda Engler Hanson
- » Caitlin A. Harrington
- » Doris T. Heckler
- » Thomas and Sally Henderson
- » Jennifer Hammon Heston
- » Cheryl Johnson
- » Michael E. & Laura Johnson Kumler

- » Suzanne Kunkel
- » Donald & Lora Lloyd Lawrence
- » Kimberly S. Logsdon
- » Elizabeth Loree
- » Pamela Mayberry & Dan Schumann
- » Patricia Maas
- » Miranda B. Mason
- » Ray M. & Wendalyn A. Mason
- » Ruth Yokel McDiffett
- » David C. & Kathryn B. McGrew
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- » Quanhong Qiu
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- » Elizabeth Rohrbaugh
- » Steven R. & Susanne Brower Sadler
- » Brianne L. Safer
- » Olivia J. Saulnier
- » Marilyn Scripps
- » Cecilia M. Shore & Andrew Garrison
- » Patty Stephens
- » Jane Straker
- » David R. Sunderland
- » Constance Swank
- » Rebecca Utz
- » Tara R. Verghis
- » Hailey L. Voss
- » Abigail R. Wilson
- » Brittany D. Zaenkert

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Connect with our mission through giving. You can partner with us in a number of ways and help us continue to provide quality research, education, and service with charitable donations. MiamiOH.edu/ScrippsAging/Support

### There are many ways **you** can

# Connect with us!

#### **OUR WEBSITE**

Want to know more about our work and mission? There are many ways to get (and keep) in touch with us. Go to ScrippsAging.org to visit us online and interact with our research, sign-up for our eNews, and learn more about the students we train.

#### **SOCIAL MEDIA**



Twitter.com/ScrippsAging



Facebook.com/ScrippsGerontologyCenter



Youtube.com/ScrippsAging



Alumi group on LinkedIn bit.ly/2ldzWF0

#### FINANCIAL SUPPORT

Connect with our mission through giving. You can partner with us in a number of ways and help us continue to provide quality research, education, and service with charitable donations to these funds:

- » Scripps Enrichment Fund
- » The P. K. Whelpton Memorial Lecture Fund
- » The W. Fred Cottrell Leadership Development Program Fund
- » Opening Minds through Art (OMA) Fund
- » Scripps Gerontology Center Alumni Fund
- » Scripps Gerontology Center Fund

MiamiOH.edu/ScrippsAging/Support









### 10 Scripps employees work together at a staff meeting

11 Kathryn McGrew and Matt Nelson share information at a poster session at the 2016 Gerontology Society of America Scientific Meeting

9 A powerful moment of connection at the OMA art

12 Suzanne Kunkel and Robert Applebaum give a congressional staff briefing in Washington, D.C.

show in Oxford, Ohio

- 13 Scripps researcher Kathryn McGrew shares words of wisdom at a Miami University event
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- 15 Miami students participate in OMA training
- 16 Karen Brown and Sara McLaughlin share their research findings at GSA

#### INSIDE FRONT COVER PHOTOS

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- 2 The inaugural meeting of the Gerontology Alumni Advisory Group
- 3 Gerontology graduate students present at the Miami University Graduate Student Forum
- 4 Gerontology graduate students in leadership roles at the Oxford, OH VillAGE Network meeting
- 5 MGS students celebrate the end of spring semester
- 6 A candid graduation moment
- 7 Irma Elo of the University of Pennsylvania gives the P. K. Whelpton Memorial lecture
- 8 Rebbecca Utz receives the 2016 Cottrell Distinguished Alumni Award





Scripps Gerontology Center

An Ohio Center of Excellence

• May 2017 •

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